COVID-19 in an Austere Environment: ISOLATION CHECKLIST

Isolation is a medical function to treat and separate those sick from non-sick exposed to a contagious disease, identifying them as "Persons Under Investigation (PUIs)."

- **Designate Provider**
  - Prepare closed, separate room/tent, or treatment area with entrances distanced from common areas.
  - PPE supply box for medical personnel should be placed outside entrance.

- **Maintain Hygiene**
  - Ensure adequate hand washing/sanitizing supplies are available inside/outside isolation area.
  - Keep patient hygiene items within isolation areas. Use disposable hygiene wipes.
  - Use capped water bottles for saliva/urine and improvised, lined bedside commodes for fecal waste.
  - Warning: COVID-19 sputum & fecal matter is infectious, hazardous waste.

- **Ensure Proper Handling & Disposal**
  - Use separate, bagged waste in isolation area. Double-bag by placing isolation trash in a closed "Biohazard" receptacle directly outside door. Dispose daily.
  - Trained, non-essential/non-high-risk personnel should handle hazardous waste.
  - Strictly follow unit & theater hazardous waste policies. Consider local population's access to trash: bury (preferred) or burn (downwind of population).

- **Limit Interaction**
  - No visitors allowed within isolation area.
  - PUIs MAY NOT leave unless directed by medical personnel and accompanied by escort. PUI and escort must be PPE-protected and wear cloth face coverings or masks and wash hands prior to leaving isolation.
  - Keep isolation medical personnel to absolute minimum and consolidate procedures to one event to minimize exposure.


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